



Careers, Counselling & Pathways Service

GETTING CONNECTED WITH STUDY

Why am I at TAFE? What do I want to get out of this course? What are my goals?

- Get a job?
- Keep a job?
- Gain knowledge and experience in a new field?
- Brush up on basic skills?
- Try something new to see if I like it and if I am good at it?
- Meet new people?
- Keep family happy?
- Keep Centrelink happy?

It is useful to have reminders of goals e.g. a picture on your desk or pencil case for times when you are feeling unmotivated

What is my Learning Style?

- Visual/verbal
- Theoretical/practical
- Small steps/giant leaps
- Seeing vs doing
- Long-term planning vs daily 'to do' lists
- How good is my memory? How much repetition do I need?

Do I have all the assumed knowledge and skills for this course or are there gaps?

- Maths
- Science
- Essay writing
- Computing skills
- Ability to work in groups/teams
- Study skills
- Communication skills

How can I gain these skills?

Are there any barriers to my successfully completing this course?

- Travel to TAFE
- Health
- Finances
- Work commitments
- Stress

What can I do to overcome/reduce these barriers? (If unsure, talk to someone – friends/family/TAFE Counsellor)

MAKE A COMMITMENT TO YOURSELF TO GET THE MAXIMUM FROM YOUR COURSE.